

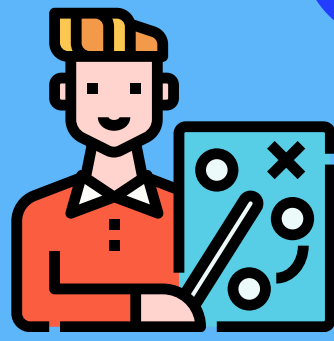
# Pre-C6th Home Study

## UNIVERSAL PROJECT FOR YEAR 11 HOME LEARNING - HEALTH & SOCIAL CARE

### THE BRIEF

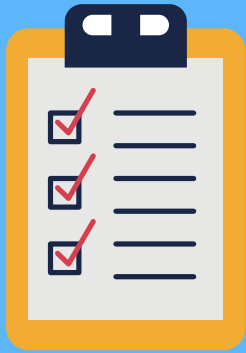
THE HEALTH CENTRE IS ORGANISING A HEALTH PROMOTION EVENT. YOU HAVE BEEN ASKED TO SELECT ONE SPECIFIC TARGET GROUP, CHOOSE A RELEVANT HEALTH RISK AND PREPARE MATERIALS FOR THE EVENT. YOU SHOULD RESEARCH SOME INFORMATION ON YOUR CHOSEN HEALTH RISK

STEP  
01



### WHAT TO INCLUDE

PRODUCE APPROPRIATE MATERIALS FOR THE HEALTH-PROMOTION ACTIVITY, WHICH SHOULD BE TAILORED TO THE CHOSEN TARGET GROUP. THESE MATERIALS COULD BE IN THE FORM OF A LEAFLET OR A POSTER. THE PROMOTIONAL MATERIALS MUST CLEARLY DESCRIBE THE HEALTH RISK AND APPROPRIATE HEALTH ADVICE.



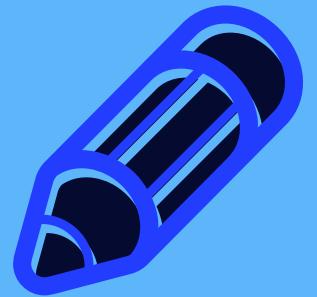
STEP  
02

### CREATE A QUESTION

THINK ABOUT THE AGE GROUP AND THE HEALTH RISK THAT YOU WANT TO RAISE AWARENESS OF. FOR EXAMPLE,

- SAFE SEX
- HEALTHY EATING
- HAND WASHING
- PARTICIPATION IN SPORT AND FITNESS
- ROAD SAFETY
- MENTAL HEALTH AND ANXIETY

STEP  
03



### DO YOUR RESEARCH

MAKE NOTES IN THE FORM OF TABLES AND MINDMAPS. THERE ARE LOTS OF VIDEOS AND WEBSITES AVAILABLE - HAVE A LOOK AT SOME OF THE LINKS BELOW MAKE SURE YOU RECORD THE SOURCES USED IN YOUR PROJECT.



STEP  
04

### CREATE YOUR PRODUCT

THINK ABOUT THE BEST WAY OF GETTING THE MESSAGE ACROSS TO YOUR CHOSEN AGE GROUP. IS IT VIA POSTERS, LEAFLETS, ADVERTS ON TV/RADIO OR VIA SOCIAL MEDIA. PRODUCE YOUR PROJECT IN THE MOST SUITABLE WAY- POWERPOINT, CANVA, YOUTUBE/ SOCIAL MEDIA MOCK-UP

STEP  
05



[HTTPS://WWW.NHS.UK/CONDITIONS/](https://www.nhs.uk/conditions/)  
[HTTPS://WWW.THINK.GOV.UK/](https://www.think.gov.uk/)  
[HTTPS://WWW.CDC.GOV/HANDWASHING/WHY-HANDWASHING.HTML#:~:TEXT=HANDWASHING%20WITH%20SOAP%20REMOVES%20GERMS,MOUTH%20AND%20MAKE%20US%20SICK.](https://www.cdc.gov/handwashing/why-handwashing.html#:~:text=HANDWASHING%20WITH%20SOAP%20REMOVES%20GERMS,MOUTH%20AND%20MAKE%20US%20SICK.)  
[HTTPS://WWW.NHS.UK/LIVE-WELL/EAT-WELL/EIGHT-TIPS-FOR-HEALTHY-EATING/](https://www.nhs.uk/live-well/eat-well/eight-tips-for-healthy-eating/)  
[HTTPS://WWW.HEALTHLINE.COM/NUTRITION/HEALTHY-EATING-FOR-BEGINNERS](https://www.healthline.com/nutrition/healthy-eating-for-beginners)  
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