

PiXL Change Makers

Information for parents and carers



Who is behind 'PiXL Change Makers'?

PiXL is a company who are invested in helping students achieve their best and BE their best; they work with over 3000 schools and their leaders in the UK. They have collaborated with Hachette UK on this project based on Matthew Syed's new book, 'Dare to Be You'. There are several people who have collaborated on PiXL Change Makers:



Matthew Syed
Author and
Broadcaster, Author
of 'Dare to be You'



Gemma Oaten
Actress and TV star



Jaz Ampaw-Farr
Resilience ninja!



Kathy Weeks
'Dare to Be You' Team



Mr Beezy
Motivational speaker



Rachel Johnson
PiXL Lead



Cameron Parker
Motivational speaker

What is it?

There are 12 sessions for students to complete at school, or at home, and a workbook that goes alongside the sessions. The sessions work without the book but students may wish to read along for a fuller and deeper understanding of the issues.

What are the key ideas?

The package explores how students can be the makers of their own change and, as a result, change the world in which they live. The project explores:

- How hard change can be
- That 'normal' doesn't exist
- How to silence the 'Kid Doubt' voice in our head
- That we can embrace being different
- That kindness is crucially important
- How to choose our own path

Why did we write 'PiXL Change Makers'?

After having come out of lockdown, we know that students will be nervous about returning to school, they are navigating huge amounts of change. Handling change is what we have to do throughout life and so we want to help prepare them for that. As they return to school and see their peers again, it is also important that they know how important kindness is, how difference is an asset and how they can control their attitude, even if they can't control much else. The PiXL Change Makers project explores all of these issues and more, in a relevant and practical way.